



WHAT PROJECTS DOES IYDF SUPPORT?

There are projects working with refugee and asylum seeker women, women in prisons, an older people's club, and mental health recovery patients.

Projects are regularly evaluated by the teacher, and a report made to the committee to help determine future funding.



HOW CAN IYDF BE CONTACTED?

There are pages on the IY (UK) website for teachers at:

**[www.iyengaryoga.org.uk/
wp-content/uploads/2018/04/
Thinking-of-Applying-for-Iyengar-
Yoga-Development-Funding.pdf](http://www.iyengaryoga.org.uk/wp-content/uploads/2018/04/Thinking-of-Applying-for-Iyengar-Yoga-Development-Funding.pdf)**

The criteria and application form are at:
**[www.iyengaryoga.org.uk/iydf-
application-funding/](http://www.iyengaryoga.org.uk/iydf-application-funding/)**

The current committee is Elaine Spraggett (chair), Isabel Fielding-Jones (vice chair) and Laura Potts. Enquiries can be directed to them through the IYDF web pages.

To make a donation to the IYDF go to:
**[https://iyengaryoga.org.uk/
donate-to-the-iyengar-yoga-
development-fund/](https://iyengaryoga.org.uk/donate-to-the-iyengar-yoga-development-fund/)**

Or scan here:



ABOUT THE IYENGAR YOGA DEVELOPMENT FUND



WHAT DOES IYDF DO?

The IYDF funds IY (UK) teachers to work with groups of people who would not normally be able to afford or access yoga classes and could benefit a great deal from the positive outcomes of regular yoga practice.

Classes are delivered in partnership with a host organisation.

WHERE DOES THE MONEY COME FROM?

Every certificated Iyengar yoga teacher pays an annual sum for the use of the Iyengar Yoga Certification Mark: 60% of this money goes towards development projects like schools and hospitals in the village of Bellur, India, where Mr Iyengar was born. The remaining 40% is used for the Development Fund, and towards the Iyengar yoga archives project.

We also encourage donations via the IY (UK) website at www.iyengaryoga.org.uk/donate-to-the-iyengar-yoga-development-fund/

As the income stream for these classes is sustainable, we are able to offer a long term commitment to running the classes, if funding cannot be sourced elsewhere.



The Iyengar Yoga Certification Mark

WHAT'S THE APPLICATION PROCESS?

The IYDF committee has recently put online the criteria for IYDF teachers, and the whole application process. Applications are considered by the committee in relation to the agreed criteria.

There are a few key points:

- Teachers have to work with a host partner organisation who will provide a letter of ongoing support;
- Teachers must be qualified to IY1 or higher;
- Classes must be at beginners' level;
- Classes must comply with the therapy guidelines of IY (UK).

Funding for new projects is on an annual cycle and includes an evaluation by the teacher.

Log in to the website and go to the Documents page to apply.