

# IY(UK) Executive Council

## Officers:

Chair	Charlotte Everitt	chair@iyengaryoga.org.uk
Deputy Chair	Preeti Sekhon	preeti@iyengaryoga.org.uk
Secretary	Philippe Harari	philippe.harari@runbox.com
Deputy Secretary	VACANCY	
Treasurer	Michelle Pendergast	michelle@iyengaryoga.org.uk
Deputy Treasurer	VACANCY	
Membership Sec.	Julian Lindars	julian@96belmont.co.uk
Deputy Memb. Sec.	Elaine Morrison	elainemorrison.yoga@gmail.com
Constitution Officer	Sarah Delfas	sarahandnick@hotmail.com
Chair of AT	Jayne Orton	jayne@iyengaryoga.org.uk
Chair of EA	Ailsing Guirke	aislingyogaea@gmail.com
Chair of Equity	Margaret Hall	margaret.rosehall@yahoo.co.uk
Chair of Therapy	Sheila Haswell	therapy@iyengaryoga.org.uk
AT Rep. on Board	Julie Brown	julie.brown61@live.com

## Member Group Reps:

Avon	Ginny Owen	ginnyowen@hotmail.com
Bradford & District	Helen White	white.helen@btinternet.com
Cambridge	Kate Middleton	ktmiddleton@yahoo.co.uk
Dorset & Hampshire	Pauline Green	pauline.yoga@outlook.com
Dublin	Melanie Taylor	melaniet4@gmail.com
East of Scotland	Sue Cresswell	sue.cresswell@hotmail.com
Glasgow	Yvonne Valerio	yvoffpiste@aol.com
Sussex	Bev Appleby	bev.appleby.yoga@gmail.com
Kent	Margaret Hall	margaret.rosehall@yahoo.co.uk
Liverpool	Minna Alanko-Falola	minna@iyengaryoga.org.uk
Midland Counties	Nicola Vesper	nicolavesper@aol.com
Manchester & District	Sacha Cash	quitgrabbing@me.com
Manchester & District	Clare Tunstall	clare@mdi.org.uk
Munster	Perry Simpson	simpsonperry@icloud.com
North East	Caroline Earl	carolinejpearl@yahoo.com
North East London	Sally Lee	purpleslee@gmail.com
Nottingham	VACANCY	
Oxford	Tanya De Leersnyder	tanya@guyellis.com
Sheffield & District	Peter Durkin	peterd.sadiy@gmail.com
South West	Sarah Pethybridge	sarahboopethy@hotmail.com
South West London & Surrey	Elaine Morrison	elainemorrison.yoga@gmail.com
Individual	Maria Hrysocheraki	goldy.yogaonline@yahoo.gr
Individual	Geoffrey Fielding	geoffrey@movement4health.co.uk
Individual	Ingrid Olsen	ingridolsen@gmail.com
Individual	Preeti Sekhon	preetiudas@yahoo.com
Individual	Elaine Spraggett	elainebev@me.com
Individual	Helen Townsend	helen.townsend@hotmail.com

# IY(UK) Committee Members

## Board

Julie Brown, Sarah Delfas, **Charlotte Everitt**, Aisling Guirke, Margaret Hall, Philippe Harari, Sheila Haswell, Julian Lindars, Michelle Pendergast, Preeti Sekhon

## Assessment & Training

### Management Committee:

Kirsten Agar Ward, Margaret Austin, Debbie Bartholomew, Julie Brown, Aisling Guirke, Lydia Holmes, **Jayne Orton**, Katie Rutherford

### Assessments and Timetabling:

Lucy Aldridge, Penny Chaplin, **Katie Rutherford**, Sallie Sullivan

### Professional Development Days, MAT and

### Specialised Training:

Brenda Booth, Eileen Cameron, **Lydia Holmes**, Marion Kilburn, Sasha Perryman

### Mentoring Manual:

**Kirsten Agar Ward**, Tricia Booth, Helen Graham, Meg Laing, Cathy Rogers-Evans

### Learning Modules:

Richard Agar Ward, **Margaret Austin**, Tricia Jame, Alicia Lester, Susan Long, Christina Niewola

### Mentor and Assessor Support:

**Kirsten Agar Ward**, Debbie Bartholomew, Meg Laing, Jayne Orton

### Moderators:

Kirsten Agar Ward, Richard Agar Ward, Margaret Austin, Debbie Bartholomew, Brenda Booth, Tricia Booth, Julie Brown, Eileen Cameron, Penny Chaplin, Diane Coats, Helen Graham, Aisling Guirke, Sheila Haswell, Trisha James, Marion Kilburn, Meg Laing, Susan Long, Christina Niewola, Jayne Orton, Sasha Perryman, Cathy Rogers-Evans, Sallie Sullivan

### Co-opted members of ATC:

Lucy Aldridge, Alicia Lester, Lydia Holmes, Katie Rutherford

## Archives

**Sue Cresswell**, Cleo Edwards, Randall Evans, Suzanne Newcombe

## Children, Young Adults & Families

**Annie Beatty**, Uday Bhosale, Sacha Cash, Sarah Delfas, Suzanne Gribble, Michelle Pendergast

## Communications & Public Relations

Joan Abrams, Minna Alanko-Falola, Alice Chadwick, John Cotgreave, Jill Johnson, Sally Lee, Katie Owens, Poppy Pickles, **Perry Simpson**

## Equity

**Margaret Hall**, Helen Townsend

## Ethics & Appeals

**Aisling Guirke**, Toni Elliot, Gael Henry, Frances McKee, Jane Walker

## Finance & Membership

Julian Lindars, Elaine Morrison, **Michelle Pendergast**, Katie Owens, Andy Tait, Jess Wallwork, Kate Woodcock

## Iyengar Yoga Development Fund

Isabel Jones Fielding, Jen Henwood, **Elaine Spraggett**, Helen White

## Research

Maria Hrisoheraki, Suzanne Newcombe, **Perry Simpson**

## Therapy

**Sheila Haswell**, Elaine Martin, Lorraine McConnon, Larissa McGoldrick, Patsy Sparksman, Edgar Stringer, Judith van Dop

Note: the Chair of each Committee is in bold