

THE BELLUR TRUST

How do I make a donation to the Bellur Trust?

Due to Indian Government regulations covering charitable donations, **NO DONATIONS**, no matter what currency, can be accepted personally by the Bellur Trust, the Iyengar family or any other individual connected to the Trust; so please **DO NOT** try to take your donations directly to Pune. Only those organisations who have completed the necessary Indian Government documentation can make donations. Please send your donations to IY(UK).

Your donation will be forwarded to the Trust at the earliest opportunity; your name will be included in the list that we send to the Iyengar family and a record is kept of all the people who donate to the Bellur Trust.

Please make donations via the IY(UK) website (follow the link to Bellur on the home page) or if you are unable to do this please send by post:

Bellur Trust Donation Form: Please cut out this slip and post with your donation to: Jess Wallwork, IY(UK), PO Box 3372, Bristol BS6 9PE. All cheques and postal orders payable to: '**IY(UK) Ltd**'. For all other overseas donations please contact the main office for details of how to pay.

Name:

(can be individual name or organisation)

Address:

Tel: E-mail

Amount donated : Date:

Please circle one: List my name for the donation / do not list
Any details you'd like to share of how your funds were raised:

How Iyengar yoga is helping to make a difference in India & how you can help make that difference spread further!



The Bellur Trust is BKS Iyengar's charity. It was founded with his family and students to improve the lives of impoverished villagers of Bellur where he was born.

Bellur is just one of the very many villages in India where life is extremely harsh and offers little hope for the future of its children. Basic amenities like clean water weren't available in Bellur until 2004, and its only public building was the primary school built in 1967 with voluntary funds raised by BKS Iyengar and his English students.

BKS Iyengar set up the charity with the aim to establish Bellur as a model village in India; where educational, medical, social and cultural facilities can be provided to drastically improve the lives of its people and aid other poor villages in the Kolar district of Karnataka, Southern India.

To do this, the people of Bellur need your help!

If IY(UK) members and Iyengar yoga Associations worldwide can come together to fundraise for the Bellur Trust, our combined efforts could raise enough funds to eradicate suffering and greatly improve the lives of the Bellur people.



How have previous donations been spent?

So far the Trust has been funded by donations from the Iyengar family and also from Iyengar yoga students, teachers & associations worldwide.

In Bellur these donations have:

Provided a 50,000 gallon water tank to provide fresh clean drinking water to the villagers.

Provided basic infrastructure; road access, fences, power supply & purchased 15 acres of land on the border of the village for the building projects.

Erected a further level to the existing primary school building in the village, providing a large space for yoga classes (Ramamani Iyengar Memorial Hall).

Built the Ramamani Iyengar Hospital.

Built the Ramamani Iyengar High School, providing free education, free school meals, uniforms, stationery and books.

Built a guest house for visitors to Bellur who are making a pilgrimage to the Patanjali temple or assisting in the work of the Bellur Trust.

Opened a further education college for adolescents

Where will my money go?

*To heal, to teach, to build, to equip: **TO HELP** provide a better future for those who would otherwise remain in poverty.*



To further equip & staff the Ramamani Iyengar Hospital & to build a nursing college.

To improve public health awareness & alleviate suffering.

To continue to provide 100% free education.

To build and set up technical & educational institutions, vocational

training and adult education to help to create employment and income.

To establish cottage industries & teach about modern farming methods to improve current crop yields.

To promote the technical and artistic skills of traditional handicrafts with the aim of establishing rural industry.

To realise Gururji's long term dream of bringing yoga to the lives of ordinary people in India.

How can I help?

Have Fun with Fundraising!

- **Teach** or organise a workshop over a day or a weekend from which all profits could be donated to the Bellur Trust.
- **Help** to promote the Bellur Trust to your students and friends to see if they would like to make individual donations. Ask the office for copies of this leaflet to hand out
- **Donate** by posting your cheque to IY (UK) and we will transfer all funds to the Bellur Trust on your behalf. If you are an Affiliated Institute, private centre or Friend of IY you can make an individual donation.
- **Organise** a special fundraising event. Sponsored headstands, cake sales, car boot sales – anything you can think of!



There are so many fun and different ways to raise money so if you have any ideas drop us a line at: katie@iyengaryoga.org.uk

Bellur Fundraising Materials

If you would like to receive more of these pamphlets or posters, flyers, artwork etc. to help you to set up an Iyengar yoga workshop or event with the aim to raise funds for Bellur, please contact: katie@iyengaryoga.org.uk

