

COMPLETE GUIDE INDEX

Doc Ref.	Heading (links to webpage)
A	IY(UK)
A1a	Title and nature of IY(UK)
A1b	Aims and objects of IY(UK)
A1c	The aims and objects of the Ramamani Iyengar Memorial Yoga Institute
A2	The Structure of IY(UK)
A2a	Types of Group Membership of IY(UK)
A2a1.3 – 1.4	Member Groups
A2a2	Iyengar Yoga Centres
A3	Articles of Association
B	The Board of IY(UK) and Policies relating to the Board
B1	Description and Operation of the Board of IY(UK)
B2	Board Members of IY(UK) and their Appointment
B3	Summary of functions and method of selection of Board members
B4	Procedure for the appointment of new Board members of IY(UK)
B5	Responsibilities and Powers of the Board
B5a	Contracts for Services
B5b	Paid Employees
B5d	Certification Mark Sublicences
B6	Decision making by the Board of IY(UK)
B7	Job Descriptions of Members of the Board
B8	Policy on Paying Individuals

C	The Executive Council (EX) of IY(UK) and Policies relating to the EX
C1	Description and Operation of the EX
C2	Members of the EX of IY(UK) and their Appointment and Method of Selection
C3	Responsibilities of the EX
C4	Briefing for New Executive Council Members
C5	Procedure for EX Meetings
C6	Procedure for the Submissions of Reports for consideration by the EX
C7	Format for Executive Council Agenda and Papers
D	The Standing Committees of IY(UK)
D1	General Guidelines
D2	Archives Committee (AC)
D3	The Assessments and Teacher Training Committee (ATC)
D4	Children, Young Adults and Families Standing Committee (CYAFC)
D5	Marketing and Communications Committee (MC)
D6	The Ethics and Appeals Committee (EA)
D7	The Finance and Membership Committee (FC)
D8	Iyengar Yoga Development Fund Committee (IYDF)
D9	Equity Standing Committee (EQC)
D10	Research Committee (RC)
D11	Therapy Committee (TC)
D12	Events Standing Committee (EVC)
E	Administrative Policies of IY(UK)
E1	The Business Use of the Name 'Iyengar'

E2	Certification Mark Policy
E3	Guide to Digital Media and E-mail Usage
E4	Expenses policy and guidelines to claiming expenses
E5	Financial Support Policy
E6	Invoice Policy
E7	Iyengar Yoga News Editorial Policy
E8	Privacy Policy
E9	Policy for the recruitment of administrative staff for IY(UK) Ltd.
E10	Reserves Policy
E11	Risk Management Policy
E12	Promotion of non-IY(UK) events by IY(UK)
E13	Policy on Teachers from Other Countries Visiting UK or Ireland
F	Ethical Policies of IY(UK)
F1	Declaration of Personal Interests Policy
F2	Policy to encourage positive behaviour within (IY(UK))
F3	Harassment and Bullying Policy
F4	IY(UK) Sustainability Policy
F5	Safeguarding Policy and Guidelines
F5a	Safeguarding Policy for Children and Young People
F6	Equity Policy
G	Complaints Handling
G	Complaints Procedure
H	Teaching Iyengar yoga in the UK 1: Procedures for mentoring, assessments & Certificates

H1	Certificates of the Ramamani Iyengar Memorial Yoga Institute
H1d	Grades and Levels of Certificates
H1f	Adjusting to the New Syllabi
H2	Mentors and the training of teachers
H3	Organisation and Running of Assessments
H4	Eligibility of candidates and applying for assessment
H5	Finances and Assessments and Qualifications
H6	Validity of Certificates, Certification Mark and First Aid Requirements
H7	Entry and Timing Requirements for Assessments
H8	Quality Assurance Process for Assessments
H9	Appeals After Assessments
I	Teaching Iyengar yoga in the UK 2: : General Teaching and Ethical Guidelines 'The Teachers' Handbook'
I1	The Purpose of the Teachers' Handbook
I2	Essential Qualities of an Iyengar yoga teacher
I3	Qualifications of a Disciple - From the Taitiriya Upanishad
I4	Guidelines for the teaching of Asana and Pranayama
I4a	Guidelines for Iyengar teachers on the art of adjustment and the issue of consent in teaching
I4b	Partner Work in a classroom environment
I5	Ethical Guidelines for Iyengar Yoga Teachers
I6	Principles of Interpreting the Term 'Not Mixing Methods'
I7	Certification Levels: Syllabus and Restrictions
I8	Teaching Syllabi
I9	Guidelines on Yoga Therapy

I9a	Therapy Articles in Yoga Rahasya
I9b	Therapy Log for Assisting Therapy Teachers
I9c	Therapy Log Workshops Approved by IY(UK)
I10	Teaching Asana to Pregnant Women
I10a	Teaching Pregnant Women - A letter from Gurujii
I11	Teaching Yoga Classes to Children & Vulnerable Adults: Special Requirements
I11a	Teaching Yoga to Children - General Guidelines
I11c	Behaviour Guidelines for those Teaching Children
I11d	IY(UK) Guidelines for Teaching Children and Teenagers Online
I12	Disclosure and Barring Requirements for Teachers of Children
I12a	List of Approved Identity Documents
I12b	Notes for Teachers on Checking ID Documents
I13	First Aid Training Requirements for Teachers
I14	Declaration Form for Students (An Example Resource)
I15	Insurance for IY(UK) Teachers
I16	The Certification Mark
I16a	IY(UK) Certification Mark (CM) Sub-Licences Renewal
I16b	How to use the Certification Mark Correctly
I18	Re-Instatement of Full Teacher Membership of IY(UK)
I19	Data Protection Act 2016 - IY(UK) Information for Members