

# Teaching Iyengar Yoga in the UK 2: General Teaching and Ethical Guidelines – “The Teachers’ Handbook”

## I12 Disclosure and Barring Requirements for Teachers of Children

IY(UK) requires that all teachers delivering yoga classes to children and young people under the age of 18 meet the safeguarding standards required by IY(UK) and comply with current legislation on working with minors.

This policy applies to:

All teachers leading **children’s or youth yoga classes** (under 18).

Assistant teachers or volunteers who have **regular contact with children**.

It **does not apply** when an under-18 student attends an **adult class accompanied by a parent or guardian**.

Teachers must hold:

- **Enhanced Disclosure Certificate for the Child Workforce** in England and Wales
- **Membership of the Protecting Vulnerable Groups (PVG) Scheme** in Scotland
- **Enhanced AccessNI Certificate** in Northern Ireland
- **Garda Vetting Certificate** through an in organisation in ROI. *For individual applicants, see the link below.*

The certificate must be **current and valid** at the time of teaching.

A valid **Update Service ID number** must be provided to IY(UK), granting permission to view disclosure information online.

A **scanned copy of an Enhanced Disclosure Certificate** or equivalent, issued **within the last three years** must be submitted to IY(UK).

All personal and disclosure information will be handled in **strict confidence** in accordance with the **Data Protection Act 1998** (and the UK GDPR).

Information will be used **only** for verifying safeguarding eligibility.

Failure to provide valid disclosure information may result in **suspension or removal of teaching approval** for classes involving minors.

Teachers are responsible for ensuring their **DBS (or equivalent) remains up to date**.

Renewal or re-verification is required **every three years** or **immediately** if any safeguarding circumstances change.

IY(UK) will maintain secure, confidential records of disclosure information and Update Service checks for compliance purposes.

### **Monitoring the validity of DBS, or equivalent, certificates**

IY(UK) monitors the validity of each certificate by checking the update service for any changes or by checking that the certificate is no more than 3 years old. NB There is no government limit on when a DBS or equivalent expires - it is up to each organisation to decide how often it should be checked to keep children safe. **IY(UK) has stipulated that this should be every 3 years but that teachers should ideally join the update service which works out cheaper in the long term.**

**Is a DBS, or equivalent, certificate from another role transferable?** A DBS, or equivalent, certificate issued from another employer or organisation can be transferred/valid for IY(UK) if the certificate matches the job role.

One of the key points is that the position, field and information on the certificate must match that of the applicant's new role.

This means that, in order for a person's DBS check to be transferred, the position should match their new role (eg, "teacher"), as well as the workforce type (eg "Child Workforce") and any barred lists checks that have been requested.

Consequently, to consider if a DBS check is transferable, the role, workforce type and barred list checks firstly must match that of their new role before it can be considered.

Ultimately, it is up to an organisation or company's discretion as to whether they agree to reuse a DBS check. It is on the company or organisation to decide if they will accept a previously issued DBS certificate or if they will request a new one on the applicant's behalf.

### **England and Wales**

<https://iyengaryoga.org.uk/wp-content/uploads/2026/02/Safeguarding-doc-England-and-Wales.pdf>

### **Scotland**

<https://iyengaryoga.org.uk/wp-content/uploads/2026/02/PVG-Scheme-Requirements-for-Working-with-Children-and-Vulnerable-Adults-in-Scotland.pdf>

### **Republic of Ireland**

<https://iyengaryoga.org.uk/wp-content/uploads/2026/02/Safeguarding-ROI-Garda-Vetting-Requirements.pdf>

### **Northern Ireland**

<https://iyengaryoga.org.uk/wp-content/uploads/2026/02/Safeguarding-doc-NI.pdf>